



## Cosmetology 1,000 Hour Curriculum Update - Frequently Asked Questions

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**Q: What are the new hour requirements?**

**A:** The new MINIMUM requirement is 1000 hours. Schools may continue teaching 1500 hours.

**Q: Have the required performances changed?**

**A:** Yes, see the end of this document for the new performance requirements.

**Q: I don't like the change, what can I do?**

**A:** Individuals may attend a board meeting and address any concerns during the public comment period.

**Q: I am a school, what do I need to do?**

**A:** Because the curriculum has been restructured and the performances have changed, all currently licensed schools will need to submit the following:

- Updated syllabus complete with:
  - Course of study and hours of program (example- 1000, 1500)
  - Textbooks used
  - Schedule
    - Days and times classes are held
    - Breaks to be given, as they cannot be counted towards the 1000 hours
    - If the course is full or part time. If one or the other is not offered, this must be specified
    - How long the program will take to complete in weeks
  - Online instruction information, if applicable
    - What topics are taught online — keep in mind only theory is allowed
    - What learning platform will be used
    - How long students will have to complete the online instruction
    - How student identity will be verified
- Course outline curriculum form, to be uploaded to the DPOR website soon
- Three separate sample evaluations for the student's completion of theory topics, practical topics, and practical performances
  - Each evaluation must have the topics or performances being evaluated
  - Also must have space for student signature
- All of the above MUST be submitted in order to be approved by the board

**Q: Will topics like nails, waxing, makeup, and eyelashes be removed from cosmetology training?**

**A:** No. The scope of practice for a cosmetologist remains the same. The Board deems training in these areas essential for minimum competency.

**Q: Is straight razor being added to the curriculum? Can cosmetologists now perform straight razor shave?**

**A:** During the regulatory process to lower the cosmetology hours to 1,000 hours, the Board interpreted the scope of practice for shaving under a cosmetology license to include straight razor shaving. As a result of this interpretation, the Board included training hours for straight razor shaving. Cosmetology schools not currently equipped to teach straight razor shaving are encouraged to work with their peers teaching Barbers on how best to teach this skill. The board is drafting a guidance document to address the topic of straight razor shaving.

**Q: Has textured hair care been added to the new curriculum?**

**A:** Yes, it is now covered in the updated curriculum.

**Q: Why should cosmetology hours be lower than basic barbering?**

**A:** The Board plans to address the barbering and master barbering hours during its General Review of Barbering and Cosmetology Regulations.

**Q: Won't reducing hours hurt student preparedness for passing exams and practicing within the industry?**

**A:** According to data from our exam vendor, as of the date of this FAQ, the pass rates between public program and private program graduates were comparable. The reduced hours are similar to the 840 hours currently required for students that go through the public high school program. Thirty percent of the board's licensees come from these high school programs.

**Q: Is 1,000 hours enough time to complete all required performances?**

**A:** The required performances have been changed to ensure they align with the reduced training hours.

**Q: Will this change impact grants and financial aid for students?**

**A:** Possibly. If you're concerned about financial aid qualifications, students may contact the school that they're considering attending. Schools can contact the U.S. Department of Education.

**Q: Will reducing training hours affect license portability?**

**A:** Virginia's reduction to 1,000 hours is still in line with a majority of states' requirements. The decision was informed by a panel of advisors and considerations of national trends in training hours, ensuring that safety standards are maintained while also considering license portability.

## **Curriculum Requirements**

### **1. Orientation and business topics - minimum of 45 hours of instruction.**

- a. School policies;
- b. Management;
- c. Sales, inventory, and retailing;
- d. Taxes and payroll;
- e. Insurance;
- f. Client records and confidentiality; and
- g. Professional ethics and practices.

### **2. Laws and regulations - minimum of 10 hours of instruction.**

### **3. General sciences - minimum of 55 hours of instruction.**

- a. Principles and practices of infection control;
- b. Safety Data Sheet(SDS);and
- c. Chemical usage and safety.

### **4. Applied sciences - minimum of 40 hours of instruction.**

- a. Anatomy, physiology, and histology.

### **5. Shampooing, rinsing, and scalp treatments for all hair types, including textured hair - minimum of 25 hours of instruction.**

- a. Client consultation and analysis; and
- b. Procedures, manipulations, and treatments.

### **6. Hair styling for all hair types, including textured hair - minimum of 65 hours of instruction.**

- a. Finger waving, molding, and pin curling;
- b. Roller curling, combing, and brushing; and
- c. Heat curling, waving, and pressing.

### **7. Hair cutting for all hair types, including textured hair - minimum of 125 hours of instruction.**

- a. Fundamentals, materials, and equipment; and
- b. Procedures.

### **8. Permanent waving and chemical relaxing for all hair types, including textured hair - minimum of 115 hours of instruction.**

- a. Chemistry;
- b. Supplies and equipment; and
- c. Procedures and practical application.

### **9. Hair coloring and bleaching for all hair types, including textured hair - minimum of 160 hours of instruction.**

- a. Basic color theory;
- b. Supplies and equipment; and
- c. Procedures and practical application.

**10. Wigs, hair pieces, and related theory - minimum of 15 hours of instruction.**

- a. Types; and
- b. Procedures.

**11. Straight razor use and shaving - minimum of 20 hours of instruction.**

**12. Manicuring and pedicuring - minimum of 75 hours of instruction.**

- a. Nail theory, nail structure, and composition;
- b. Nail procedures, including manicuring, pedicuring, and nail extensions; and
- c. Electric filing.

**13. Skin care - minimum of 160 hours of instruction.**

- a. Client skin analysis and consultation;
- b. Effleurage and related movements and manipulations of the face and body;
- c. Cleansings procedures;
- d. Masks;
- e. Extraction techniques;
- f. Machines, equipment, and electricity;
- g. Manual facials and treatments;
- h. Machine, electrical facials, and treatments; and
- i. General procedures and safety measures.

**14. Makeup - minimum of 35 hours of instruction.**

- a. Setup, supplies, and implements;
- b. Color theory;
- c. Consultation;
- d. General and special occasion application;
- e. Camouflage;
- f. Application of false lashes and lash extensions;
- g. Lash and tinting;
- h. Lash perming;
- i. Lightning of the hair on the body except scalp; and
- j. General procedures and safety measures.

**15. Body and other treatments - minimum of 20 hours of instruction.**

- a. Body treatments;
- b. Aromatherapy; and
- c. General procedures and safety measures.

**16. Hair removal - minimum of 35 hours of instruction.**

- a. Client consultation and analysis;
- b. Waxing;
- c. Mechanical hair removal;
- d. Tweezing and threading; and
- e. Chemical hair removal.

## Performance Requirements

The performances listed below represent the minimum number of performances a student must complete in the cosmetology curriculum. Schools adding performances or increasing the number of performances must update the performances in the blank spaces below.

Shampooing, rinsing, and scalp treatments, for all hair types, including textured hair	20
Hair styling, for all hair types, including textured hair	60
Hair cutting, for all hair types, including textured hair	60
Permanent waving-chemical relaxing, for all hair types, including textured hair	60
Hair coloring and bleaching, for all hair types, including textured hair	40
Wigs, hair pieces, and related theory	5
Straight razor shaving on face and neck	12
Manicuring and pedicuring procedures	15
Individual sculptured nails and nail tips	30
Body and other treatments	5
Makeup	20
Skin care	15
Hair removal	15
<b>TOTAL</b>	<b>367</b>

Board member evaluation of theory vs practical

	Theory	Practical
<b>Orientation and business topics</b>	X	
a. School policies	X	
b. salon management	X	
c. Sales, inventory and retailing	X	
d Taxes and payroll	X	
e. Insurance	X	
f. Client records and Confidentiality	X	
g. Professional ethics and practices.	X	
<b>Laws and regulations</b>	X	
<b>General Sciences:</b>	X	X
a. Principles and Practices of Infection Control	X	X
b. Material Safety Data Sheet (MSDS)	X	
c. Chemical Usage and Safety	X	X
<b>Applied Sciences:</b>	X	
a. Anatomy, physiology, histology	X	
<b>Shampooing, rinsing, and scalp treatments, for all hair types, including textured hair</b>	X	X
a. Client Consultation and Analysis	X	X
b Procedures, Manipulations, and treatments	X	X
<b>Hair styling, for all hair types, including textured hair</b>	X	X
a. Finger waving, molding and pin curling	X	X
b. Roller curling, combing, and brushing; and	X	X
c. Heat curling, waving, and pressing.	X	X
<b>Hair cutting, for all hair types, including textured hair:</b>	X	X
a. Fundamentals, materials, and equipment	X	
b. Procedures		X
<b>Permanent waving-chemical relaxing, for all hair types, including textured hair:</b>	X	X
a. Chemistry	X	
b. Supplies and equipment	X	X
c. Procedures and practical application	X	X
<b>Hair coloring and bleaching, for all hair types, including textured hair:</b>	X	X
a. basic color theory	X	
b. Supplies and equipment	X	X
c. Procedures and practical application	X	X
<b>Wigs, hair pieces, and related theory:</b>	X	X
a. Types; and	X	
b. Procedures	X	X
<b>Straight Razor Use and Shaving</b>	X	X
<b>Manicuring and Pedicuring:</b>	X	X
a. Nail theory, nail structure and composition	X	
b. Nail Procedures (manicuring, pedicuring, and nail extensions)	X	X
c. Electric Filing	X	X
<b>Skin Care:</b>	X	X
a. Client skin analysis and consultation	X	X

b. Effleurage and related movements and manipulations of the face and body	x	x
c. Cleansings procedures;	x	x
d. Masks;	x	x
e. Extraction techniques;	x	x
f. Machines, equipment and electricity;	x	x
g. Manual facials and treatments;	x	x
h. Machine, electrical facials and treatments; and	x	x
i. General procedures and safety measures.	x	x
<b>Makeup:</b>	x	x
a. Setup, supplies and implements;	x	x
b. Color theory;	x	x
c. Consultation;	x	x
d. General and special occasion application;	x	x
e. Camouflage;	x	x
f. Application of false lashes and lash extensions;	x	x
g. Lash perming;	x	x
h. Lightning of the hair on body except scalp; and	x	x
i. General procedures and safety measures.	x	x
<b>Body and other treatments:</b>	x	x
a. body treatments;	x	x
b. Aromatherapy; and	x	x
c. General procedures and safety measures.	x	x
<b>Hair Removal:</b>	x	x
a. Client consultation and analysis;	x	x
b. Waxing	x	x
c. Mechanical hair removal;	x	x
d. Tweezing and Threading;	x	x
e. Chemical hair removal.	x	x